## Week of the Test

- Don't Cram. You've been working hard for weeks. It will all come together on Saturday.
- Be Proud. You've come a long way since your first test. Reflect and beam with pride!
- Friday Night. Relax or even spend some time with friends. Watch a movie, keep it low-key.

----- Bottom Line: Try To Relax -----

- **Grab Your Supplies**. Sharpened #2 pencils, approved calculator, extra calculator batteries, healthy snacks, approved ID, admission ticket, layering sweater, tissues, silent watch.
- **Leave It.** Don't bring your phone into the test!

----- Bottom Line: Be Prepared -----

## **Test Day**

- Eat Your Usual Breakfast. It's not the day to get adventurous. Routine wins on game-day.
- Get There Early. Double-check your admission ticket for the check-in time and start time.
- **Real Test Is Longer.** They'll get really official with the instructions/bubbling/etc. Breathe.
- Answer Sheet Will Look Different. It will be multiple pages. Just relax and pay attention!

----- Bottom Line: Know Your Game Plan -----

- There Will Be Distractions. Sneezers, pencil-tappers, your secret crush, loud-page-turners, etc. Relax and focus on your test.
- Use Your Tactics. Imagine your coach's voice in your head. Stick to your game plan.
- **Use All Of Your Time.** Others may finish before time is called, but you know better than that! Use all of the time given to really maximize your score.
- **BEWARE:** You may be tempted to cut-corners and rush to finish, but being accurate is more important. Take care of the little things and the big things will all work out.

------ Bottom Line: Stay Focused ------